



Work & Rhythms

Daily & Weekly rhythms and planner pages
for PreK-high school from Silo & Sage



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Please share photos of your family doing the activities together
on social media with the hashtag
[#siloandsageshop](#) and tag [@siloandsage](#)

How to Use

These pages are designed to give your kids more independence in keeping track of their daily or weekly work. You can use them for yourself too! There are weekly or daily versions.

These can be used for your
homeschool work or you can use
them for homework/extra-curricular
activities.



Here's an example of how you can use them for the week. In each box, write tasks or subjects you want your kids to do on their own. You can be really specific "read chapter 2" or just write "math" if your kids know they are just going to do the next lesson.



These weekly rhythms pages are great to use for younger kids, especially pre-readers. I recommend laminating the pages and the individual picture cards.

After you laminate, cut out the picture cards. Put Velcro adhesive dots onto the weekly page and on the back of the picture cards.

You can keep it simple and just use the "My Week" page or you can divide it up into Morning and Afternoon.

There are blank squares so that you can create your own picture cards for things you want to include on the schedule that aren't part of this pack.

[You can find Velcro adhesive dots and my laminator in my Homeschool Faves section of my Amazon storefront.](#)



My Daily Work

Do these first

1.

2.

3.





















My Daily Work

Do these first

☐☐☐☐☐☐☐☐☐☐☐☐☐

This Week's Work

Do these daily

This Week's Work

Monday

Tuesday

Wednesday

Thursday

Friday

Extras

My Week

Monday	Tuesday	Wednesday
Thursday	Friday	Saturday
		Sunday

This Week's Work

Monday Tuesday Wednesday Thursday Friday

Do these first				

My Week

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

Monday Tuesday Wednesday Thursday Friday

Afternoon

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Bible</p> 	<p>Writing</p> 	<p>Math</p> 	<p>Weather</p> 	<p>Blocks</p> 
<p>Book Basket</p> 	<p>Reading Journal</p> 	<p>Letters</p> 	<p>Maps</p> 	<p>Sewing</p> 
<p>Art</p> 	<p>Mail</p> 	<p>Exercise</p> 	<p>Audiobook</p> 	<p>Music</p> 
<p>Nature Journal</p> 	<p>Games</p> 	<p>Playdough</p> 	<p>Cooking</p> 	<p>Gardening</p> 
<p>Hiking</p> 	<p>Knitting</p> 	<p>Computer</p> 	<p>Create</p> 	<p>Chores</p> 

<p>Build or Fix</p> 	<p>Tea Time</p> 	<p>Movie</p> 	<p>Reading</p> 	<p>Lunch</p> 
<p>Field Trip</p> 	<p>Grocery Store</p> 	<p>Snack</p> 	<p>Outside</p> 	<p>Play</p> 
<p>Co-op</p> 	<p>Science</p> 	<p>Sports</p> 	<p>Theater</p> 	<p>Church</p> 
<p>Morning Time</p> 				

THANK YOU

Thank you for purchasing the Research and Notebooking Bundle!
I hope that this is a great resource for you and your family.
If you post any photos of your family using the activities, please tag me
@siloandsage and use the hashtag #siloandsageshop.

Please contact me hello@siloandsage.com
with any questions or concerns!



Jess Collier

MOM HOMESCHOOLER EDUCATOR



<http://siloandsage.com>

GET MORE HOMESCHOOL SUPPORT

If you're looking for more support in your homeschool, I encourage you to find the right resource from the Silo & Sage course vault!

**CLICK HERE TO FIND
YOUR PERFECT SUPPORT**

Cultivate Your Home membership
Play Your Way to Reading
Homeschooling the Non-School Way course
Delight Filled Homeschool course
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